

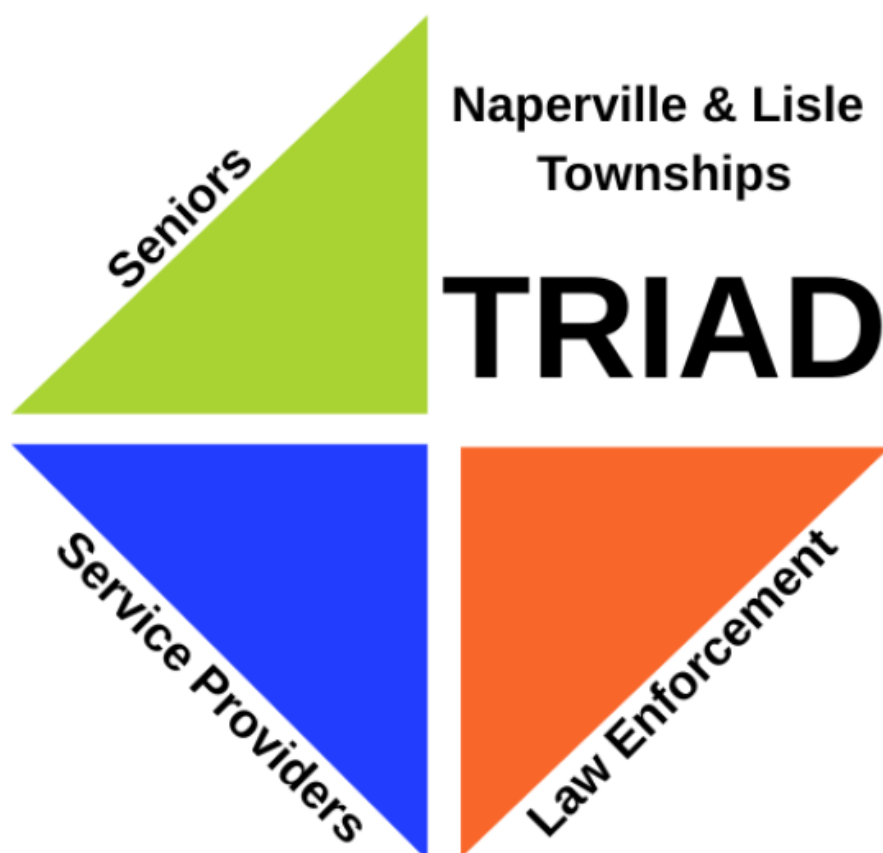
S.H.O.E.

Senior Helpful Options *Expo'26*

April 16 | 5 p.m. to 7 p.m.

April 17 | 9 a.m. to 12 p.m.

Panel Discussion April 16th at 6:45 p.m.



Your one stop to find local experts for your home,
health, finances & safety.

For more information visit: www.napervillelisletriad.org

S.H.O.E.

Senior Helpful Options *Expo'26*

Panel Discussion April 16th at 6:45 p.m.

Having the Conversation: Planning for Aging With Your Family

A community panel for seniors and adult children with real experts helping you navigate aging, care, and tough family decisions.

Ali Smith Wieringa | Police Clinician, Naperville Police Dept.
Supports families w/senior safety, crisis situations, and care decisions.

Mary Kay Furiasse | Elder Law Attorney, A/Z Health & Elder Law
Helps families plan, protect assets, and navigate aging decisions.

Rick Graffagna | Senior Living Advisor, Senior Solutions
Guides families through care options, costs, and senior living decisions.

Tara Nieberding | Accessibility Specialist, 101 Mobility
Provides solutions to help seniors stay safe and independent at home.

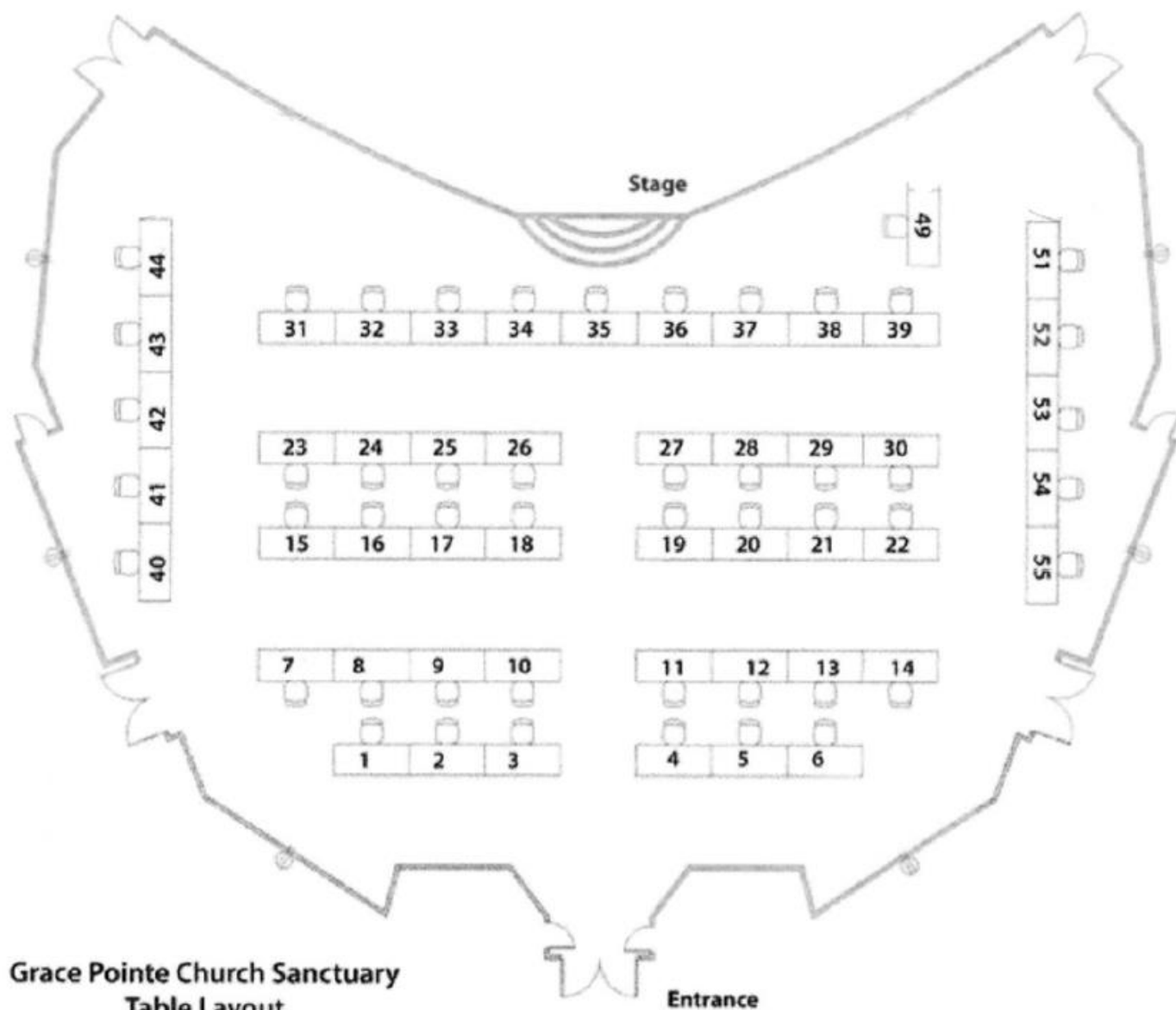
What is TRIAD?



The Naperville and Lisle Townships TRIAD has been serving seniors in the community for more than twenty years through a collaborative partnership between law enforcement, senior citizens and community groups.

TRIAD's have formed in communities throughout Illinois and the nation to promote crime prevention for older adults. The groups empower seniors to be more involved in community programs and educational seminars and focus on the importance of health and safety. TRIAD aims to enhance the quality of life for all senior citizens.

Visit us online at:
www.napervillelisletriad.org



A special thank you to:

S.H.O.E Chair: Scott Gajewski-Fairway Home Mortgage (Table # 35)
 Grace Point Church
 City of Naperville
 Village of Lisle
 And all the TRIAD volunteers!

Table

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101 Mobility

Contact: Tara Nieberding
Email: tnieberding@101mobility.com
Phone: 440-465-7322
Website: www.101mobility.com/naperville

101 Mobility delivers the best mobility and accessibility solutions for anyone faced with limited physical mobility. We sell, install, and service stair lifts, wheelchair/platform lifts, ramps, patient lifts, and more. We offer free home assessments to ensure we are presenting the best solution for each customers' needs.

54

AARP Drive Safety

Contact: George Goodwin
Email: georgewgoodwin@gmail.com
Phone: 630-258-2342
Website: www.aarp.org/drive

AARP Driver Safety presents Smart Driver Courses seniors teaches seniors valuable defensive driving strategies and provides a refresher of the rules of the road. In addition those seniors 55 or older may receive a discount on their Illinois car insurance.

53

AARP Illinois

Contact: Courtney Hedderman
Email: Courtneyhedderman@att.net
Phone: 312-420-8981
Website: www.aarp.org

AARP is the nation's largest nonprofit, nonpartisan organization dedicated to empowering Americans 50 and older to choose how they live as they age.

52

Advocate Insurance Agency

Contact: Sheril Hagie
Email: sheril.hagie@myadvocateagent.com
Phone: 630-386-6283
Website: www.myadvocateagent.com

Sheril is a Financial Professional and Senior Health Consultant at Advocate Insurance Agency. She is qualified to assist individuals, families, and small businesses through the complex insurance world. Sheril spends most of her days educating clients on the best ways to implement the different insurance products that best fit their specific situation from Medicare and life insurance to disability and long-term care policies.

44

Alden of Waterford

Contact: Ella Drucek

Email: ella.drucek@thealdennetwork.com

Phone: 312-806-0269

Website: www.aldenwaterfordcampus.com/assistedliving

The Alden of Waterford campus is part of the Alden Network, a company that has provided healthcare and residential solutions to seniors to help them function to the best of their ability and live as independently as possible. Our campus has independent living, post-acute care, memory care and Assisted Living options.

43

All Trust Home Care

Contact: Jen Schoeberl

Email: jen@alltrusthomecare.com

Phone: 331-282-1310

Website: www.alltrusthomecare.com

Home Care (non-medical caregiving)

42

Always Best Care Senior Service

Contact: Raghu Sarup

Email: rsarup@abc-seniors.com

Phone: 630-425-4001

Website: www.alwaysbestcarenaperville.com

Always Best Care has helped thousands of families with non-medical in-home care and assisted living referral services. We provide an unparalleled continuum of programs that assist families at every stage in the aging journey. Our Care Team coordinates resources, advocacy and caregiver support in Naperville, Aurora, Lisle & Warrenville.

41

Alzheimer's Association

Contact: Hadi Finerty

Email: hfinerty@alz.org

Phone: 815-272-2011

Website: www.alz.org/illinois

The Alzheimer's Association Illinois Chapter promotes brain health across communities through free education and awareness programs. Offerings include public education sessions and a new Corporate Awareness Presentation for workplaces. The chapter also hosts the Walk to End Alzheimer's®, the world's largest fundraiser for Alzheimer's care, support, and research, with events held throughout Illinois each year.

40

Angels Homecare Service

Contact: Suzanne Kinsey

Email: suzanne@myangelshomecare.com

Phone: 312-914-3812

Website: www.myangelshomecare.com

Non medical homecare services. We provide qualified and experienced caregiver companions to make home stay possible and enjoyable. We offer a wide variety of services to support each client's unique needs, including personal care, mobility and medication reminders. They will also help manage basic household tasks.

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Assisted Living Locators

Contact: Kym Schoenfeld

Email: kschoenfeld@assistedlivinglocators.com

Phone: 630-797-8462

Website: www.assistedlivinglocators.com

Personalized advisory service for senior living and care options, at no cost to the family. I work closely with families to understand their specific situation, guide them through available options, and connect them to appropriate resources to ensure their loved one thrives wherever they call home.

38

Bardwell Residences

Contact: Becki Drake

Email: marketing@bardwellresidences.com

Phone: 630-892-5790

Website: www.bardwellresidences.com

Take a step inside our beautiful, senior living community & see what makes Bardwell Residences above the rest. From award winning care, to our brand new memory care unit, we're changing the way senior living is done!

37

Brightstar Care

Contact: Pam Fitzgerald

Email: pamela.fitzgerald@brightstarcare.com

Phone: 630-715-8369

Website: www.brightstarcare.com/IL/Naperville

In-Home Care Services- Nursing -Caregiving

Home is where you feel most comfortable. And it's where you want to be when you or a family member need high-quality, compassionate care for your personal and medical needs.

36

Cindy Moves You

Contact: Cindy Fiene-Curfs

Email: cindymovesyou1@gmail.com

Phone: 630-901-9491

Website: www.cindymovesyou.com

Cindy Moves You | Cindy Fiene-Curfs, a Senior Real Estate Specialist (SRES®), helps seniors and their families navigate the emotional and practical challenges of moving, right-sizing, or aging in place. With compassion and expertise, Cindy and her team manage every detail from preserving memories to staging, negotiating, and coordinating moves, ensuring a smooth, personalized, and stress-free transition.

35

ComForCare Home Care

Contact: Jon Stephens

Email: jstephens@comforcare.com

Phone: 630-536-8501

Website: www.comforcare.com/illinois/downers-grove

Non-medical home care, we offer services from four hours to live in caregivers. We are VA approved for home care.

34

Comfort Keepers

Contact: William Finn

Email: williamfinn@comfortkeepers.com

Phone: 312-560-7180

Website: www.comfortkeepers.com

Comfort Keepers provides the best of in-home care to Naperville, Lisle, Aurora and the surrounding areas. Our staff are experienced and trained in providing for all the needs of a Senior living in their home. This allows them to maintain their independence and live where they love to live.

33

Cuchna Stebbins Realty Team with Keller Williams Premiere Properties

Contact: Laura Stebbins Email: laurastebbins@kw.com

Debra Cuchna Email:debracuchna@kw.com

Phone: 312-816-4158

Website: www.cuchnastebbinsteam.com

The Cuchna Stebbins Realty Team of Keller Williams proudly serves seniors in DuPage County and surrounding communities with compassionate, expert guidance when buying or selling a home. As Senior Moving Specialists, we offer downsizing support, trusted resources, and hands-on assistance helping seniors and their families move forward with confidence and ease.

32

DuPage Community Services

Contact: Julie Larson

Email: julie.larson@dupagecounty.gov

Phone: 630-407-6500

Website: www.dupagecounty.gov

DuPage County Senior Services provides several programs which assist seniors, age 60 and older, to remain safely in their home. Some services include: In-Home Services, Home Delivered Meals, Adult Protective Services, Ombudsman, Transportation Options, LIHEAP, LIHWAP, Homeless Prevention, and Community Resources.

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DuPage County Sheriff's Office

Contact: Deputy Christopher Jordan

Email: christopher.jordan@dupagesheriff.org

Phone: 224-230-1902

Website: www.dupagecounty.gov

Law Enforcement Agency

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Eden Vista - Burr Ridge

Contact: Renee Faur

Email: reneefaur@gmail.com

Phone: 630-244-7998

Website: www.edenvistabr.com

Assisted Living and Memory Care Senior Living

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Fairway Home Mortgage

Contact: Scott Gajewski

Email: scott.gajewski@fairwaymc.com

Phone: 630-418-0839

Website: www.fairwayreverse.com/loan-officers/scott-gajewski

I'm a Retirement Mortgage Planner with Fairway Home Mortgage, dedicated to helping seasoned homeowners enhance their overall retirement outlook. By safely and strategically leveraging a portion of home equity, I help clients increase monthly cash flow, reduce taxes, protect their investments, and leave a lasting legacy for their loved ones.

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FirstLight Home Care of Naperville

Contact: Jennifer Rydwelski

Email: jrydwelski@firstlighthomecare.com

Phone: 630-281-7270

Website: www.firstlighthomecare.com/home-healthcare-naperville

Our mission is to help people have their best day, every day, by offering compassionate support that enhances quality of life and brings peace of mind to families. We provide personalized, non-medical in-home care designed to help adults live with dignity, comfort, and as much independence as possible in the familiarity of their own homes.

28

Grace Pointe Church

Contact: Diana Waldron
Email: dianawaldron5@aol.com
Phone: 630-207-8306
Website: www.gracepointe.us

We are a non-denominational Christian church. Our booth will be manned By volunteers that are focused on providing love and care to the surrounding elderly in our community.

49

Heart of Home Meals

Contact: Jesse Singh
Email: jesse.singh@hearttohomemeals.com
Website: www.hearttohomemeals.com

We create quick and delicious meals with seniors in mind, so you can spend less time cooking and more time enjoying life. No minimum order, subscription and no hidden fees.

27

Homewatch CareGivers

Contact: Dennise Vaughn
Email: dvaughn@hwcg.com
Phone: 331-702-9975
Website: www.homewatchcaregivers.com/naperville

Services include help getting to appointments, social activities, companionship, shopping, meal preparation, household chores, dressing, bathing, medication reminders and much more. We are here to help you take care of your loved one, whatever your needs may be.

26

Honoring Aging

Contact: Connie Bowman
Email: connie@honoringaging.com
Phone: 630-524-9282
Website: www.HonoringAging.com

Senior Move Management service helping older adults and their families navigate the physical and emotional aspects of moving or lifestyle transitions. Our specialists handle space planning, organizing, downsizing, packing, unpacking, and setting up the new home. We also coordinate movers, estate sales, donations, home cleanouts, and more!

25

Huck Bouma PC

Contact: Gina Salamone
Email: gsalamone@huckbouma.com
Phone: 630-221-1755
Website: www.huckbouma.com

One of the largest firms in DuPage County. Huck Bouma will help you build your estate plan including wills, trusts, power of attorney, living wills and more.

24

Inswan Health

Contact: Farah Qureshi
Email: farah@inswanhealth.com
Phone: 847-807-8858
Website: www.inswanhealth.com

Inswan Health Care provides quality home health care services in the comfort of your home. We have an experienced team of nurses and therapists who really help our clients to be at the best level of care. We provide additional resources to our patients to be able to thrive in the community. Inswan is a small, local Naperville based business which prides itself on excellent customer service for our patients and families!

23

Lacey Creek Supportive Living

Contact: Jason Weibel
Email: marketing@laceycreek-slf.com
Phone: 630-964-7720
Website: www.gardant.com/laceycreek

Lacey Creek of Downers Grove is an affordable assisted lifestyle community in Dupage Co.

22

Lighthouse Hospice and Palliative Care

Contact: Lisa Culligan
Email: lculligan@lighthousehospice.com
Phone: 630-664-1654
Website: www.lighthousehospice.com

Transforming the idea of end of life to compassionate care choices, giving back the control and helping someone navigate to write their own chapters and provide support and education throughout.

21

Lisle Township

Contact: Terri Caraballo
Email: townshipadmin@lisletownship.com
Phone: 630-968-2087 ext18
Website: www.lisletownship.com

Lisle Township offers a variety of community services designed to support residents in need.

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MedTech Healthcare

Contact: Ana Diaz
Email: ana.diaz@medtechealthcare.com
Phone: 224-463-8202
Website: www.medtechealthcare.com/naperville

We provide Adult Day services including socialization, activities, medical check in, exercise and transportation. Free for those that qualify.

25

Merit Medicaid Consulting

Contact: Gail Ratcliff-Burel
Email: g.ratcliff385@gmail.com
Phone: 630-815-8738

Dedicated to helping families understand and prepare for medicaid assistance for long term care and supportive living.

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Naperville Elderly Homes

Contact: Mary Kerbs
Email: mary@napervilleelderlyhomes.org
Phone: 630-201-2883
Website: www.martinave.org

Premiere provider of affordable homes for seniors age 62 and up. There are 190 apartments and amenities for independent senior living.

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Naperville Police Department

Contact: Ali Smith Wieringa Email: smithwieringaa@naperville.il.us
 Julie Smith Email: smithju@naperville.il.us
Phone: 630-305-5450 / 630-388-4407
Website: www.naperville.il.us

Naperville Police Department has many resources to meet the needs within the community including licensed social workers who specialize in seniors and crime prevention outreach.

17

Naperville Senior Center

Contact: Mike Cooper
Email: mike@napervilleseniorcenter.com
Phone: 630-857-3017
Website: www.napervilleseniorcenter.com

Naperville Senior Center Adult Day Services, offers engaging activities, exercise, and socialization for seniors along with peace of mind and support for caregivers. Our member-focused programs promote dignity, purpose, and inclusion, with meals to fit most dietary needs. Caring medical professionals help families reduce stress and keep loved ones aging in place. Full- and half-day programs are available to fit every schedule.

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Naperville Seniors Task Force

Contact: Dave Halleck
Email: david_halleck@msn.com
Phone: 313-300-1010
Website: www.naperville.il.us/government/taskforces/senior-task-force

Naperville Senior Task Force's mission is to promote coordination among existing senior service providers in the Naperville area; improve awareness among seniors of available resources to assist them and develop recommendations to address service gaps related to transportation challenges, housing concerns and health wellness resources.

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Naperville Township

Contact: Mary Pat Staines
Email: marypats@napervilletownship.com
Phone: 630-388-4407
Website: www.napervilletownship.com

Providing a wide range of services and continuing our mission to assist those in the community.

51

National Aging in Place Council

Contact: Gina Knight
Email: gina@kastlekeeperllc.com
Phone: 630-470-0825
Website: Chicagoland@AgeInPlace.org

Through education, advocacy, and collaboration, we connect families with trusted professionals who understand the complexities of aging and the many decisions that come with it.

15

Oasis Senior Advisors

Contact: Jennifer Conniff
Email: jconniff@youroasisadvisor.com
Phone: 630-360-1041
Website: www.theoasisliving.org

Oasis Senior Advisors helps families find senior living options for their loved ones, for free. Compassionate and knowledgeable advisors work alongside you to assess your health and financial situation and determine the communities and care levels that will be the right fit for you or your loved one.

14

Oasis Senior Living of Plainfield

Contact: Vicki Montgomery
Email: vickim@theoasisliving.org
Phone: 815.556.2555
Website: www.theoasisliving.com

Oasis of Plainfield is a NEW family owned and operated Senior Living Community located in Plainfield IL. We offer Studio, One- and Two-Bedroom apartments in Independent and Assisted Living, as well as Private Memory Care Studios.

13

Presto Real Estate

Contact: Lisa Stover

Email: lisa@prestorealestate.com

Phone: 630-336-1820

Website: www.prestorealestate.com

Need to downsize? Presto is a different kind of real estate company that helps with the entire process of moving and selling your home. We help with every step from packing, moving, unpacking, cleaning out, doing repairs, updates, and listing and selling the home.

12

Residential Home Health, Palliative & Hospice

Contact: Jennifer Hurd

Email: hurdj@residentialhealth.com

Phone: 224-373-4778

Website: www.residentialhealthcaregroup.com/locations/illinois-home-healthcare

Whether you're looking for home health, palliative care, or hospice services tailored to specifically meet your needs or simply looking to make a meaningful impact as a healthcare professional. We combine cutting-edge technology with top clinical talent to deliver exceptional, patient-centered care. Our program is a joint venture with Endeavor Health & our hospice is partnered with both Endeavor Health and Duly.

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Ride Assist Naperville (RAN)

Contact: Ashley Abraham

Email: ashley@rideassistnaperville.org

Phone: 331-330-2257

Website: www.rideassistnaperville.org

This exciting initiative pairs seniors who need rides to and from their medical appointments with a volunteer driver to take them to the appointments, wait with them, and then drive them back home. All of our insured drivers are volunteers who use their own vehicles to provide transportation.

10

Riverwalk Adult Daycare

Contact: Jennifer Brasfield

Email: riverwalkadultcare@att.net

Phone: 630-357-8166

Website: www.RiverwalkAdultDayServices.org

Riverwalk has 40 years of providing a Safe, Social, and Stimulating Environment for Adults in need of daytime care due to some form of cognitive decline or Neurodivergence. Riverwalk Adult Services holds the State of Illinois, Illinois Department on Aging Community Care Program, and the US Veterans Affairs Community.

9

Senior Home Sharing

Contact: Rita Brosnan

Email: rbrosnan@seniorhomesharing.org

Phone: 630-890-1718

Website: www.seniorhomesharing.org

Group-home, family-style housing, roommate matching, and in-home counseling services.

- 8
- Senior Learning Services**
Contact: Sam Lakhani
Email: sam@seniorlearningservices.com
Phone: 833-832-4757
Website: www.seniorlearningservices.com
- Senior Learning Services supports Seniors and Adults by providing the tools and knowledge needed to safely navigate the digital world. Through engaging programs in technology skills, language, journaling, and more, we aim to enhance mental agility, foster lifelong learning, and help delay cognitive decline. Private and Groups services are offered.
- 7
- Senior Life Style-Lisle Creek Estates**
Contact: Michele Mangrum
Email: mmangrum@seniorlifestyle.com
Phone: 630-515-2759
Website: www.seniorlifestyle.com/property/illinois/lisle-creek-estates
- Lisle Creek Estates offers a full spectrum of care including Independent Living, Assisted Living, and Skilled Nursing, managed by Senior Lifestyle. We provide a resort-style environment with amenities like dining, an indoor pool, activities, and wellness programs for seniors seeking a maintenance-free lifestyle or personalized support, emphasizing independence, connection, and compassionate care.
- 6
- Senior Solutions**
Contact: Richard Graffagna
Email: rickgraffagna@gmail.com
Phone: 630-246-2579
Website: www.seniorsolutions3.com
- Senior living placement, home care and advisory service. FREE, personalized service helps seniors and their families in the search of independent, assisted living, memory care, supportive living and skilled nursing home options. In-home care, elder law, realtor, downsizing and veteran's benefits resources also available.
- 5
- Seniors Helping Seniors**
Contact: Brennen Roberts
Email: brennen@shsgreaternaperville.com
Phone: 630-978-9738
Website: www.seniorshelpingseniors.com
- Seniors Helping Seniors® non-medical, in-home care services is unique because we match seniors in need with active, compassionate seniors who truly understand the journey of aging. This peer-to-peer approach ensures dignified support for those at home while providing rewarding, flexible job opportunities for seniors who want to give back to their community. Whether you are looking for a trusted friend to help at home or a meaningful way to stay active and earn extra income, we offer a way to both give and receive.

4	St. Patrick's Residence Nursing and Rehabilitation Contact: Melissa Hageman Email: mhageman@stpatricksresidence.org Phone: 630-416-6565 Website: www.stpatricksresidence.org St. Patrick's Residence Nursing and Rehabilitation offers an array of services to meet the needs of our residents. Every aspect of care given to those who reside at St. Patrick's reflects the sanctity of life and the dignity of the human spirit. Offering long term care, post acute care/short term rehab, advanced care, respite care, and hospice.
3	Sunrise Senior Living Contact: Christine Zak Email: napervillenorth.dos2s@sunrisesenioliving.com Phone: 708-512-7902 Website: www.sunriseseniorliving.com Independent, assisted living and memory care.
2	Sycamore Oasis Corporation Contact: Tosin Omisore Email: info@sycamoreoasis.com Phone: 773-699-7894 Website: www.sycamoreoasis.com We provide in-home care for seniors, offering assistance with daily living—grooming, dressing, bathing, meal prep, errands, and companionship—as well as light housekeeping and laundry. Our Home Nursing services include wound care, Alzheimer's and dementia support, clinical monitoring, and private nursing. Serving DuPage, Kane, Will, and Cook Counties.
1	Tabor Hills Contact: Katie Pettit Email: katelyn.pettit@taborhills.org Phone: 630-778-6677 Website: www.taborhills.org Founded in 1894, Tabor Hills offers a senior living campus in Chicago's western suburbs. Situated on 52 beautifully landscaped acres are three of the finest senior living communities, including an Independent Living Community, Supportive Living Community, and Healthcare Facility, which offers sub-acute care and long term care.